

seminarschauspieler.de

the agency for *Seminarschauspieler (training actors)*

The Original

// Our definition:

Se • mi • nar • schau • spie • ler

Actors, educated by the Institut Synergie GmbH to observe the behaviour of the counterpart, to describe it and give a profound feedback, to mirror.

// behavioural expert.

// lively counterpart.

// mirror.

// Why do we work with training actors?

Research has shown that behaviour learned in a training is not shown in reality because the participants fear the reaction of their surrounding. The transfer of the learned from the training into reality is done together with us during the work with the training actor.



// benefits of the 3-phase role play

The participant acts as himself. The training actor acts as the difficult counterpart as described by the participant.

1st phase

Participant and training actor swap their roles. The participant now faces his living mirror image.

2nd phase - mirroring

Swap back: The participant gets the chance to try out his altered behaviour immediately.

3rd phase

After every phase the participant receives feedback from the trainer and the training actor.

// your points of benefit.



before

- ✓ clearly improved learning efficiency
- ✓ long lasting change of behaviour
- ✓ identification with the new behaviour
- ✓ acceleration of the process of the personal development
- ✓ increase of efficiency
- ✓ more fun during the training



after